

Snarky McTits, BS, MA  
Mental Health Clinician, Badass Motherfucker  
Twitter Involuntary Mental Health Assessment Clinic

Name: Jenelle Evans

Date of Birth: 12/19/1991

Age: 23 years, 1 month

## Referral Information

*Referral made by:* Twitter

*Reason for referral:* Jenelle has struggled with long-term mental health and substance abuse issues for several years. She has received dual-diagnosis treatment in both inpatient and outpatient settings. The major complaint from collateral sources is the client's unpredictable mood swings, pathological lying, lack of coping skills, and overall poor insight into her behavior and its consequences.

## Background information

Jenelle is a 23 year old caucasian female currently completing her final semester at Miller-Motte Technical College to get her Associate's Degree in Medical Assisting. Her formal employment history is sporadic at best. She currently appears on the MTV show *Teen Mom 2* and is engaged to be married. She has two children: five-year-old, Jace Vahn Evans, and seven-month-old, Kaiser Orion Griffith.

### *Previous Treatment:*

2012 - inpatient psychiatric, involuntary

2011 - inpatient rehab, voluntary

This clinician also notes that Jenelle, at one time, carried Narcotics Anonymous tags, but has never mentioned attending a meeting or any formal outpatient treatment, other than medication management.

### *Family/Relationships:*

Jenelle's childhood is largely unknown, as the client is a poor historian. It is reported that her biological father was an alcoholic and is not involved significantly in her life. Jenelle came into the public eye (literally?) when she appeared on MTV's *Sixteen and Pregnant* in 2010, a show originally intended to display the trials and tribulations of being a teenage mother. At the time, she was dating Andrew Lewis, a self-declared male undergarment model. Their son, Jace Vahn Evans was born on August 6, 2009. The relationship between Jenelle and Andrew ended shortly after Jace was born. Also after Jace's birth, Jenelle was largely absent, choosing partying

over parenting. At the time, Jenelle's drug of choice was marijuana. Therefore, Jenelle's mother Barbara, helped significantly in raising Jace to the point of gaining temporary custody of the child. This interaction took place on film during the first season of *Teen Mom 2*, a spinoff of *Sixteen and Pregnant*. While partying, Jenelle met paramour Kieffer Delp, who enabled the subject's cannabis use and eventual heroin use. Barbara chose to evict Jenelle from her home at this time due to her drug use and assaultive behavior. Since then, she has been in and out of the homes of various friends and boyfriends. Jenelle, at one point, appeared to have a somewhat healthy relationship with marine Gary Head, who proposed to Jenelle after five months of unstable courtship. However after more fighting and accusations of domestic violence - a charge that would haunt future romantic interests of Jenelle Evans for years afterwards, with little to no evidence.

Jenelle married Courtland Rogers on December 4, 2012 after about one month of dating, citing that he was a "childhood sweetheart". The couple posted sexually driven tweets and appeared on live streamed videos visibly intoxicated. During some of this time, Jenelle also began frequenting local emergency rooms. From collateral sources at the hospital, Jenelle would present with vague but intense pain for the purpose of obtaining painkillers. It was at this time that many individuals noted Jenelle's quickly growing drug habit. During one visit in 2012, Jenelle was denied pain medication and subsequently threatened to kill herself. The attending physician, as a licensed healthcare professional, was mandated to report this threat. Jenelle would have been offered to sign into acute inpatient hospitalization voluntarily. The subsequent refusal lead to involuntary commitment. The hold is typically valid for five days, at which point the patient appears before mental health court, or signs-in as a voluntary patient. Due to the time frame, it appears as though Jenelle was dismissed from mental health court, likely due to being intoxicated at the time of her suicidal threat; or, she signed into the hospital voluntarily but begrudgingly in order to avoid a longer commitment time.

In January 2013, Jenelle announced that she was pregnant with Courtland's child. However, in just over one week, she broke up with him, filed charges for domestic violence, and "live-tweeted" her miscarriage. It was later revealed by the individuals who were with Jenelle during the day in question, that the miscarriage was faked. She separated from Courtland in April 2013 after they were both arrested for heroin possession. She was pregnant again and aborted the child, sometime during June 2013.

She met her most recent paramour, Nathan Griffith, in June 2013 either right before or after her abortion, and having conceived a child intentionally within months of meeting, gave birth to Kaiser Orion Griffith in June 2014. Like many of her other relationships, Jenelle and Nathan fight quite often, sometimes to the point of physical violence. These fights have been witnessed by friends and family members, including both of Jenelle's young children. Like Jenelle, Nathan suffers from chemical dependence, with his drug of choice being alcohol. While Nathan clearly needs treatment for his substance abuse issues, as well as his anger management

problems, this clinician will make recommendations for affected family members in Jenelle's life, but overall, this psychological evaluation is for the purpose of the client's use primarily.

## Substance Abuse/Dependence

The client has been very open about her preference for marijuana shortly after *16 and Pregnant* ended, and while the beginning of *Teen Mom 2* was in production. She even admitted proudly to using marijuana while she was pregnant. At the encouragement of MTV, Jenelle attended inpatient drug rehabilitation in 2011, to stop her marijuana use to avoid jail time (see: Legal Issues). However, sometime during the same year, she began using opiates. She was also caught on camera snorting benzodiazepines, but denied all allegations of drug use. Her behavior became increasingly more erratic as more sources indicated that Jenelle was using intravenous heroin. Eventually she admitted using the drug, but not without attaching blame to both Kieffer and Courtland. Jenelle claims to have been clean since November of 2012, but continues to drink, smoke marijuana, and according to many sources, take Percocet. Her insight regarding her substance abuse is very poor, however the very light, if at all imposed, penalties for her behavior show the client that the general rules of the public do not apply to her. Therefore, this clinician believes that until the client assumes responsibility or spends significant time incarcerated, that she will not gain any insight to her own behavior and remain emotionally stunted.

## Health/Medical

Jenelle cites a number of medical disorders that are incongruent with her presentation. She went to the emergency room several times for ovarian cysts, yet has had no difficulty conceiving several times, even though she has only given birth to two children. It was later revealed that she used these emergency room visits as an opportunity to get pain medication. She also claims to have gastroesophageal reflux disease (GERD), but regularly posts pictures online drinking alcohol, and eating greasy and acidic foods. This clinician does not identify Jenelle's health-related fabrications as an issue of hypochondria. She does not display consistent anxiety related to her health, as is characteristic of hypochondria, rather using exaggerated or invented illnesses to gain sympathy, attention, or drugs. This behavior is more consistent with a factitious disorder, such as Munchausen's syndrome, although the latter diagnosis is much more severe than Jenelle's current presentation.

## Education

After giving birth, Jenelle managed to graduate from high school one semester ahead of her originally scheduled graduation day. She began attending Miller Motte Technical College, an unaccredited institution, in June of 2011. She has been working toward her Associate's Degree

in Medical Assisting part-time since then and is scheduled to graduate from the program in July 2015.

She states that her eventual goal is to become a surgical technician. This clinician finds her course of study incongruent with her goals. Jenelle has devoted four years of study to become a medical assistant and plans on getting an additional Associate's in Surgical Assisting. However, getting an Associate's in Medical Assisting is not a prerequisite for the Associate's in Surgical Assisting. Considering that Jenelle does not have a formal job outside of filming reality television, and in addition to her charges regarding consumption of substances; Jenelle's career opportunities are limited-to-none. She recently claimed that another Medical Assistant hired her on the spot, without a mandatory background check, education check, and references. This is likely a fabrication due to the client's compulsive need for attention and praise. Jobs in the medical field are typically quite strict in their evaluation of potential candidates to avoid exposing vulnerable clients to abuse, neglect, or dissatisfaction.

## Employment

Jenelle has maintained sporadic, if any employment dating back to high school. She has been fired from several jobs due to her poor attendance and lack of reliability. She discusses working in the medical field to a minimal extent, not mentioning the effects of her criminal arrests on her future options.

## Legal History

Jenelle was first arrested at age 18. Her most recent arrest was on December 14, 2013. Within 4 years, Jenelle accumulated 13 mugshots (2 of which are undated), most of which are due to drug-related arrests. Despite her extensive history with the criminal justice system, Jenelle has not spent any significant time incarcerated.

### *History of arrests by date:*

October 15, 2010 - Breaking and entering; possession of drug paraphernalia

March 27, 2011 - Assault; affray for fighting

August 8, 2011 - Probation violation (UDS + for cannabis and opiates)

January 10, 2012 - Communicating threats, harassing phone calls

January 16, 2012 - Violation of a domestic violence protection order

March 5, 2012 - Cyberstalking

June 24, 2012 - Marijuana possession, possession of drug paraphernalia, possession of a controlled substance

April 23, 2013 - Heroin possession with the intent to sell/manufacture/distribute; possession of drug paraphernalia; simple assault

May 20, 2013 - Failure to appear in court

August 12, 2013 - Probation violation (UDS + for cannabis)

December 14, 2013 - Breach of peace

## Behavioral Observations

Jenelle has had long-term interpersonal issues. She does not have regular contact with much of her family, and her friendships are typically superficial in nature. She has a history of being verbally and physically combative and is depicted being assaultive toward her mother, friends, and significant others several times on *Teen Mom 2*. Jenelle has been in many romantic relationships, which take top priority in her life while the relationship lasts. Romantic relationships typically become very serious, very quickly. Jenelle remains upfront about her sexual life, and will often post nude and seminude photos on social media. After a romantic relationship ends, she will publicly tarnish the image of the individual, usually for years afterward.

Jenelle will seek any opportunity to manipulate or capitalize from a situation for personal gain. This is why this clinician is relatively certain of the diagnosis of antisocial personality disorder. The client's lack of empathy, flat affect, and easily agitated nature could be indicative of sociopathy. It is also quite remarkable that the client also meets criteria for two other separate Cluster B personality disorders. Emotional lability and fear of abandonment are classic signs of borderline personality disorder; and the egocentrism and constant need for praise yields another diagnosis of narcissistic personality disorder. While these conditions themselves do not have empirically-approved treatments, the use of relaxation techniques along with interpersonal rehabilitation can help dramatically to manage behavioral outbursts and anxiety.

The primary diagnosis of Bipolar Disorder type I appears to be accurate, as evidenced by the presence of both manic and depressive episodes within the past twelve months, among other defining symptoms. Currently Jenelle appears to be in a hypomanic state. She is posting on social media more often, and her narcissistic personality is more apparent. Due to the timing of the postings, she does not appear to be sleeping through the night, and is indicative of a manic episode. It is questionable whether Jenelle is being compliant with her psychiatric medication.

The client also places extreme importance her appearance on social media sites like Twitter and Facebook. She has been accused of changing Jace's outfits several times and taking multiple pictures of him, to make it appear as though the child had spent more time with her than he really did. The extent to which Jenelle idealizes her life on Twitter leads this clinician to believe that she is experiencing some dissociation from reality. She appears slightly paranoid about others yet pathological in her attention-seeking behavior. Her words often contradict her actions and she's regularly caught in lies. Due to these behaviors, this clinician amends the diagnosis of Bipolar Disorder type I to show the presence of psychotic features.

## Diagnoses as per DSM-V with ICD-9-CM codes

### *Psychiatric:*

Per history, Bipolar disorder type I, current episode hypomanic with mood-congruent psychotic features, 296.44

Antisocial personality disorder, 301.7

Borderline personality disorder, 301.83

Narcissistic personality disorder, 301.81

Cannabis use disorder, 304.30

Opioid use disorder, 304.00

Factitious disorder imposed on self, recurrent episodes 300.19

### *Medical:*

None acute

Per history, polycystic ovarian syndrome, scoliosis, gastroesophageal reflux disease, migraines, history of blood clots, history of small intestinal blockage, history of gastritis

*Stressors:* Non-adherence, poor coping skills, poor social support, substance dependence, lack of meaningful daytime activity

## Summary & Recommendations

Jenelle is clearly experiencing a relapse in her Bipolar Disorder and is choosing to self-medicate with cannabis, alcohol, and Percocet. She claims to be sober, but has extremely poor insight about what a sober lifestyle entails. She is noncompliant with outpatient treatment and minimally cooperative with medication management. If Jenelle is taking her mood stabilizer as prescribed, a blood draw should be completed to make sure the medication is within a therapeutic range. Jenelle's frustration tolerance is exceedingly low and her interpersonal skills are severely lacking. Her interactions with others on Twitter show a very disturbed woman that is more concerned with the outward appearance of a happy, family-centered, yet carefree lifestyle. A majority of the other individuals associated with these series work at least part-time. While the MTV show's ratings are favorable, Jenelle maintains that the series is her full-time job, choosing to plan minimally for her vocational future. Her Medical Assisting degree will be obtained this summer, per the client, after nearly four years of sporadic study. However, she plans to obtain another certificate in Surgical Assisting, rather than obtaining a job right away. Jenelle's insight regarding her future career choices is quite poor. Despite that she has not received formal charges or served time for many of her arrests, the fact that the client has been arrested in several drug-related circumstances severely limits, if not excludes her eligibility in the

healthcare industry as a whole. Furthermore Jenelle's severe lack of interpersonal skills will make it quite difficult for her to maintain steady employment without treatment intervention.

While Jenelle does not meet criteria for acute inpatient hospitalization, this clinician recommends a partial hospitalization program with a focus on medication management, and specifically with a program offering dialectic behavior therapy (DBT). DBT should be ongoing after the client is discharged from the partial hospitalization program (which runs approximately three to four weeks average program length). DBT program length can run six to twelve months on average. Furthermore, this clinician recommends daily 12-step meetings for Narcotics Anonymous and Alcoholics Anonymous for both Jenelle and Nathan. Al-Anon meetings should also be offered to Barbara Evans; and Alateen meetings for Jace Evans and Kaiser Griffith when appropriate. Further case management services should be offered to the family for Jace's negative behavior and to help with mediation as custody discussions continue. Provided that Jenelle shows motivation for continued recovery, a case manager could be provided to assist with referrals and transportation to outpatient appointments. This clinician also suggests that Jenelle take part in biofeedback sessions to help alleviate her anxiety without the use of drugs, and to show the immediate benefit of deep-breathing and relaxation skills.

At this time, this clinician also thinks it is appropriate that Kaiser remain with a family member, until Jenelle can display appropriate frustration tolerance, as she has a history of poor impulse control and physical violence. The fact that Jace has not been deemed appropriate to be in Jenelle's care full-time is testament to her ability as a mother, as she's unable to prioritize personal factors in her life. Due to Jenelle's behavior, it is questionable whether or not she actually wants custody of Jace back. Her actions largely contradict her statements. Overall, Jenelle and her immediate family will need long-term counseling in order to facilitate long-term recovery.

## References

(apologies in advance for anyone I forgot, duplicated, or misspelled)

DSM-V

*Sixteen and Pregnant, Teen Mom 2*

TMZ, RadarOnline, YouTube, Facebook, Twitter, Instagram, WetPaint, Starcasm, PerezHilton @TheAshleyRR, @SheGossips, @FireballWhisky, @PBandJenelley\_1, @est4life910, @GaryIt100, @confidence117k, @groundlevelup, @RealTeenMomTalk, @misssmartyjones, @Karma\_Lovah\_, @p3pp3r\_, @13\_mugshots, @1yndsl, @mrsc92614, @Nana\_Watt, @Its\_Four\_20, @citeyoursources, @pbandfelons, @hadenoughJE, @Heatherita4, @varnsen\_kel, @ExtremeChins, @Doin\_It\_4\_Jace, @AntiChinion, @KerriSummer, @Jenelles\_Sheet, @hansontattoo14, @halliefayexo, @KrappyCake, @Fetal\_Mistake, @Lady\_Taylor, @Anon\_Mafioso, @BabsMistake, @MadMandysmh, @JTiemstra09, @parttimemom2kai, @theyhavethedumb, @TextsFromBubba, @E4everM, @MAAMPAC, @gemma\_girl\_xox, @Mamared44Cindy, @terilewlew, @Honest1B, @MaggiePie01,

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